

What is "CIT"?

"CIT" stands for "Crisis Intervention Team." CIT is a team of Police Officers with special training in recognition of, and response to, a wide variety of Mental Health and Substance Abuse issues. In addition to hours of exposure to many forms of moderate to severe Mental Health/Behavioral Conditions, this training involves further development of skills in interpersonal communications, de-escalation techniques, conflict resolution, and awareness of available Mental Health and Substance Abuse resources.

What is CIT's importance to The Town of Fairfield?

Research shows that those afflicted with some form of mental illness are many times more likely to encounter law enforcement. It is important for officers to be able to recognize the difference between the symptoms of a mental health crisis versus deliberate evasive or combative behavior. The officer's degree of training will dictate his/her approach to, engagement of, and interaction with these individuals. The extra training CIT officers receive can help to facilitate the likely-hood of positive incident resolution for both the officer(s) and the individual(s) in crisis, as well as any bystanders.

What are the goals of the CIT Program?

In aspiring to provide the best service possible to individuals and families living with mental illness, and taking every step to connect these individuals and families to the resources they need, we also work to accomplish the following goals:

- Less need for the use of Lethal Force
- Reduction in injuries to mental health consumers
- Reduction in officer injuries
- Reduction in Emergency Room recidivism
- Jail Diversion
- Reduction in civil litigation
- Improvements in community relations

You can request to speak to a CIT at any time!



Fairfield Police Department
100 Reef Rd
Fairfield CT 06824
Tel. 203-254-4807



Fairfield Police Department
For Emergencies Dial 911



Crisis Intervention Team
-Children and Juveniles-





☒ Recommended

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☒ Recommended

COUNSELING AND SUPPORT SERVICES

- ☐ **Bridgeport Hospital REACH Children’s Program**
203-3843377 For children between 5-12 years old experiencing emotional and behavioral difficulties
- ☐ **Care Coordination Central Intake**
203-685-4258 A network of agencies that provide support for mental health and necessary services
- ☐ **Child Guidance Center of Greater Bridgeport**
203-394-6529 Bridgeport Ext 3075
203-255-2631 Fairfield
Outpatient care regarding mental health and substance abuse
www.cgqgb.org
- ☐ **Department of Mental Health and Addiction Services (DHMAS)**
860-418-7000 Mon-Fri 8:30am-4pm
www.DHMAS.gov
- ☐ **Fairfield Counseling Services**
203-255-5777 Mon-Th 8am-8pm Mon-Fri 8am-3pm
Counseling, psychiatric and substance abuse evaluation *Accepts the following insurances: Self pay on a sliding scale, Medicare, Anthem, United Health Care, Aetna and Husky plans
www.fcsinc.org

SERVICES CONTINUED...

- ☐ **Fairfield County Medical Association**
203-513-2045 Mon-Fri 8am-4:30pm
Provides help finding a doctor
- ☐ **Greater Bridgeport Community Mental Health Center**
1-800-586-9903 Mon-Fri 8am-4:30pm
*Also available help for crisis 24/7
- ☐ **National Alliance on Mental Illness (NAMI) 24/7 Help Line** 1-800-203-1234
NAMI Fairfield 203-586-0826
Advocacy and support for persons or families with mental illness
www.NAMICT.org | www.Namifairfield.org
- ☐ **Newtown Parent Connection Inc.**
203-270-1600 *Provides Support for those struggling with addiction and help with information on rehabilitation centers. Also host support group meetings in Fairfield on Wednesdays
www.newtownparentconnection.org
- ☐ **RYASAP**
Regional Youth Adult Social Action Partnership
203-579-2727 | <https://www.ryasap.org/>
- ☐ **The Kennedy Center**
203-365-8522 Services for persons with special needs and disabilities
- ☐ **St. Vincent’s Behavioral Health Services:**
203-227-1251 | www.Hallbrooke.org
Behavioral health and addiction services

HELP LINES AND INFORMATION

- ☐ **Dial 211**
Provides mental health crisis information, utility assistance, food, housing, child-care, school programs, elder care, etc. *Also mobile crisis unit and suicide prevention for children 16 and under
www.211ct.org
- ☐ **Autism Speaks**
888-288-4762 Mon-Fri 9:00am-1:00pm
Information, resources and opportunities
Autism Spectrum Resource Center
203-265-7717
www.AutismSpeaks.org | www.ct-asrc.org
- ☐ **Department of Children & Families**
1-800-842-2288 24 Hour Hotline
- ☐ **Depression and Bipolar Support Alliance**
203-779-5253
- ☐ **Fairfield Social Services**
203-256-3170