

What is "CIT"?

"CIT" stands for "Crisis Intervention Team." CIT is a team of Police Officers with special training in recognition of, and response to, a wide variety of Mental Health and Substance Abuse issues. In addition to hours of exposure to many forms of moderate to severe Mental Health/Behavioral Conditions, this training involves further development of skills in interpersonal communications, de-escalation techniques, conflict resolution, and awareness of available Mental Health and Substance Abuse resources.

What is CIT's importance to The Town of Fairfield?

Research shows that those afflicted with some form of mental illness are many times more likely to encounter law enforcement. It is important for officers to be able to recognize the difference between the symptoms of a mental health crisis versus deliberate evasive or combative behavior. The officer's degree of training will dictate his/her approach to, engagement of, and interaction with these individuals. The extra training CIT officers receive can help to facilitate the likely-hood of positive incident resolution for both the officer(s) and the individual(s) in crisis, as well as any bystanders.

What are the goals of the CIT Program?

In aspiring to provide the best service possible to individuals and families living with mental illness, and taking every step to connect these individuals and families to the resources they need, we also work to accomplish the following goals:

- Less need for the use of Lethal Force
- Reduction in injuries to mental health consumers
- Reduction in officer injuries
- Reduction in Emergency Room recidivism
- Jail Diversion
- Reduction in civil litigation
- Improvements in community relations

You can request to speak to a CIT at any time!



Fairfield Police Department
100 Reef Rd
Fairfield CT 06824
Tel. 203-254-4807



Fairfield Police Department

For Emergencies Dial 911



Crisis Intervention Team
-Senior Citizens -





Recommended

SERVICES:

- Dial-A-Ride:** 203-256-3170
- Eldercare Locator:** 1-800-677-1116
Information on caregivers and senior services | www.Eldercare.gov
- Elderly Tax Relief/Rental Rebate**
Programs: 203-256-3113
- Fairfield County Medical Association**
203-513-2045 Mon-Fri 8am-4:30pm
Provides help finding a doctor
- Fairfield Counseling Services**
203-255-5777 Mon-Th 8am-8pm Mon-Fri 8am-3pm
Counseling, psychiatric and substance abuse evaluation *Accepts the following insurances: Self pay on a sliding scale, Medicare, Anthem, United Health Care, Aetna and Husky plans | www.fcsinc.org
- Fairfield Senior Center:** 203-256-3166
Information regarding concerns for welfare of Fairfield Senior Citizens
- Fairfield Social Services:** 203-256-3170
- Meals on Wheels:** 203-368-4291
- Operation Hope:** 203-292-5588
- Protective Services for the Elderly:**
203-551-2701 (referral line)
- Section 8 Rental Assistance:**
203-331-8948
- Fairfield Senior Services:** 203-256-3113

Recommended

ADULT DAY CARE CENTERS FOR THE FRAIL ELDERLY:

- Grasmere by the Sea:** 203-365-6470
1 Post Rd, Fairfield, CT
Services available: advocacy and education, day services, long term care, rehabilitation services, home care, hospice
- Greenwich Adult Day Care:**
203-622-0079
125 River Rd Ext., Greenwich, CT
- CT Home Care Program for Elders (CHCPE):** 800-445-5394
Agency which funds a variety of home care services as an alternative to nursing home care

ASSISTANCE WITH PYSCHIATRIC DISABILITIES:

- Alzheimer's Association:** 1-800-272-3900 (Support groups for patients as well as caregivers. **24 hour help line**)
- Alzheimer's Foundation of America-** 1-866-AFA-8484 (Focuses on providing optimal care for patients and support for families <https://alzfdn.org/>)
- Alzheimer's Organization (Southwest Region)-** 203-939-1360
- Autism Speaks:** 1-888-288-4762
Information and resources regarding individuals with Autism

Recommended

ASSISTANCE CONTINUED...

- Dial 211**
Provides mental health crisis information, utility assistance, food, housing, child-care, school programs, elder care, etc. www.211ct.org
- Department of Mental Health and Addiction Services (DHMAS)**
860-418-7000 Mon-Fri 8:30am-4pm
www.DHMAS.gov
- Greater Bridgeport Community Mental Health Center**
1-800-586-9903 Mon-Fri 8am-4:30pm
*Also available help for crisis 24/7
- National Alliance on Mental Illness (NAMI)** 24/7 Help Line 1-800-215-3021
NAMI Fairfield 203-586-0826
Advocacy and support for persons or families with mental illness
www.NAMICT.org | www.Namifairfield.org
- The Kennedy Center**
203-365-8522 Services for persons with special needs and disabilities
- Southwestern CT Agency on Aging**
Home Care Programs for Elders
203-333-9288 | www.swcaa.org