

What is "CIT"?

"CIT" stands for "Crisis Intervention Team." CIT is a team of Police Officers with special training in recognition of, and response to, a wide variety of Mental Health and Substance Abuse issues. In addition to hours of exposure to many forms of moderate to severe Mental Health/Behavioral Conditions, this training involves further development of skills in interpersonal communications, de-escalation techniques, conflict resolution, and awareness of available Mental Health and Substance Abuse resources.

What is CIT's importance to The Town of Fairfield?

Research shows that those afflicted with some form of mental illness are many times more likely to encounter law enforcement. It is important for officers to be able to recognize the difference between the symptoms of a mental health crisis versus deliberate evasive or combative behavior. The officer's degree of training will dictate his/her approach to, engagement of, and interaction with these individuals. The extra training CIT officers receive can help to facilitate the likely-hood of positive incident resolution for both the officer(s) and the individual(s) in crisis, as well as any bystanders.

What are the goals of the CIT Program?

In aspiring to provide the best service possible to individuals and families living with mental illness, and taking every step to connect these individuals and families to the resources they need, we also work to accomplish the following goals:

- Less need for the use of Lethal Force
- Reduction in injuries to mental health consumers
- Reduction in officer injuries
- Reduction in Emergency Room recidivism
- Jail Diversion
- Reduction in civil litigation
- Improvements in community relations

You can request to speak to a CIT at any time!



Fairfield Police Department
100 Reef Rd
Fairfield CT 06824
Tel. 203-254-4807



Fairfield Police Department

For Emergencies Dial 911



**Crisis Intervention Team
-Veterans-**





Recommended

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CRISIS

- FS DuBois Center, Stamford: 1-877-677-4135
- Greater Bridgeport Community Mental Health Center: 1-800-586-9903
- Suicide Prevention Lifeline: 1-800-273-8255

INFORMATION

- CT Dept. of Veteran's Affairs: 1-866-928-8387
- Fairfield Counseling Services: 203-255-5777(Counseling, Psychiatric and substance abuse evaluation)
- Fairfield County Medical Association- 203-372-4543 (Provides help finding a doctor)
- General Information: Dial 211
- Fairfield Veterans Information Center: 203-259-9005 (Office of advocacy and assistance)
- U.S Dept. of Veteran's Affairs: 1-800-827-1000

SERVICES

- CT Veterans House and Hospital: 1-860-529-2571 (Hospitalization and convalescent care for veterans)
- Dial-A-Ride: 203-256-3170
- Fairfield County Medical Association: 203-372-4543 (Provides help finding a doctor)
- Fairfield Counseling Services: 203-255-5777- (Counseling, psychiatric and substance abuse evaluation)
- Meals on Wheels: 203-368-4291
- National Alliance on Mental Illness (NAMI)- 203-259-8396 Ext.30
- Operation Hope: 203-292-5588
- VA Hospital: 203-932-5711
- Veteran's Affairs New England Health Care System: 203-932-5711 (Veteran's health screening and medication assistance)
- Veteran Combat Call Center: 1-877-927-8387 (Talk to other Combat veterans regarding transitioning back into the community)

MENTAL HEALTH SUPPORT AND COUNSELING:

- Addiction Services (DMHAS): 860-418-7000
- Alcoholics Anonymous: 203-277-2496 or 203-855-0075
- Department of Mental Health and VA Support Center: 203-338-0669 (Help with jobs, addiction and mental health)
- Errera Community Care Center: 203-479-8000
- Military Support Program: 866-251-2913
- VA CT Medical Center: 203-932-5711

WEBSITES

- www.ct.gov/ctva (CT Veterans House and Hospital)
- www.fcsinc.org (Fairfield Counseling Services)
- www.va.gov (Veterans Information)